

Gift Certificates Available

MASSAGE --

RELAXATION/THERAPEUTIC

1 1/2 Hr. Deluxe - \$85.00

1 Hour full body - \$65.00

¾ Hr. back & neck - \$55.00

½ Hr. back & neck - \$45.00

1 Hr. pregnancy - \$65.00

1 Hr. Senior 10% off - \$58.50

HOT STONE Massage-\$105.00

1 1/2 hrs. of BLISS !

EAR CONING 1 hr. - \$35.00

EMF Balancing Technique R

1- 1 ¼ hr. - \$60.00 Electromagnetic Field Balancing/Energy work.
(see previous page)

Hours

24 hr. cancellation policy

	<u>1st avail.</u>	<u>Last avail.</u>
Mon.	9:00	1: 00
Tues.	9:00	6:30
Wed.	9:00	6:30
Thurs.	1:00	6:30
Fri.	9:00	3:30
Sat.	9:00	2:00

Every 3rd Sat. of month-Off...
- Please Call for Availability



The Intangible Touch LLC

Located within Studio 890 Salon
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#262-785-2890
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JANE ALBRECHT, LMT, NCTMB, AMTA
#262-785-2890 or #414-915-5263



The Intangible Touch Integrative Massage



Summer

2010

*Come & nurture
yourself.
Relax & rejuvenate
with a creative &
compassionate blend of
Oriental, Western, &
energy work techniques.*



The Archangel Gabriel (Hebrew name meaning The Strength of God), opens the Southern Gate of the Medicine Wheel on Summer Solstice, the day of greatest light. Gabriel is the guardian of summer & the protector of the birth of all living things. Summer is a time to recognize & appreciate the abundance of Life, as well as the reality of both physical & spiritual Light.

It is right to acknowledge the unique gifts & creativity in ourselves & in others. Just as nature comes into full bloom & abundance in summer, may our own maturity also blossom.

In summer we strive to live life fully... aiming high & playing hard. We savor the warmth of the sun, fragrant floral scents, lengthened hours of daylight, & the cool, soothing evening breezes. We gallantly garden, handle home, lawn, & other projects, & become "weekend warriors" of our favorite summer sports & leisure time activities. Aware how swiftly summer passes, we plan family picnics & outings to zoo, beach, festivals, etc. We plan & prepare, pack & unpack, rush off & rush back ... often feeling in need of a vacation after one!! Why not schedule a massage before & after- it's a mini vacation in itself!!

We need to remind ourselves when we are expending so much energy, that it's essential to allow time to nurture & heal ourselves. When we don't learn to take pauses, life often provides one for us that is hard to ignore. There is a need on all levels to obtain & maintain a balance - physically, mentally, emotionally, & spiritually. Massage can help. It contributes to the balance of body, mind & spirit. It soothes, nurtures, stimulates, & cleanses ... encouraging us to relax, release & rejuvenate on all levels of being. Why not schedule a monthly massage "tune-up"? Our well being should be as important to us as our car's maintenance!!

Some physical benefits of massage include: an increase in circulation & red blood cell production, boosting the immune system & increasing the amount of nutrients that reach our joints. It stimulates our brain to release endorphins (natural pain reducer & mood elevators). It helps release stress, muscular tension & toxins. It helps lower blood pressure, increases flexibility, speeds healing time of injuries, & it feels great !!

EMF Balancing Technique R \$60.00
(Electromagnetic Field Balancing Sessions)
PHASE 1- Wisdom & Emotions - balances head & heart, releases stress, establishes a new pattern of freedom & well-being.
PHASE 2- Self Direction & Support - releases past emotional issues & energy

restraints. Promotes awareness of direction & support from within the Self, & awareness of our available energy.

PHASE 3- Radiate Core Energy - aligns energy centers, encourages increased spiritual intelligence (inner knowing), & our ability to hold our core of power.
PHASE 4- Energetic Accomplishment - balances & establishes communication with Future Potential Self through Future Potential Prism, channeling that energy into the co-creation of our present reality.

EAR CONING - The ancient art of herbal ear cleansing is a relaxing alternative to ear lavage. It clears excess wax & toxins, as well as clearing on an etheric level. Beneficial for the respiratory system, asthma, allergies, & sinus related problems. 3 sessions are recommended at 3 to 10 days apart. One hr. sessions \$35.00

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HOT STONE MASSAGE RETURNS IN FALL, BUT MAY BE REQUESTED IN SUMMER.

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**Philosophy : I believe in the power of touch & intent. I sincerely desire to help you obtain the balance & well-being that you seek. On this journey of life, we are all interconnected, & are all teachers & students. I welcome the opportunity to share & to learn from you!! Namaste', Jane*

