

Gift Certificates at front desk

Massage* Relaxation/Therapeutic

- 1 & 1/2 Hr. Deluxe \$85.00
- 1 Hour full body \$65.00
- 3/4 back & neck - \$50.00
- 1/2 Hr. back & neck \$45.00
- 1 Hr. pregnancy \$65.00
- 1 Hr. Senior Special \$58.50

(10% off Senior 1 Hr.)

Hot Stone Massage -\$105.00

1 & 1/2 Hr session **Contraindicated with illness, sores or rash, Lymphangitis, Cancer & some cardiac or blood vessel diseases.

Ear Coning -1 hr. session -\$35.00

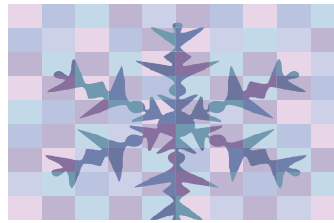
EMF Balancing Technique R

One hour sessions \$60.00
Electromagnetic Field Energy Work.

Hours (24 hr. cancellation policy)

	1 st avail.	Last avail.
Monday	9:00	1:00
Tuesday -	9:00	6:30
Wednesday -	9:00	6:30
Thursday -	1:00	6:30
Friday -	9:00	3:30
Sat.ev.other -	9:00	2:00

**Note: Every 3rd Sat. of Month off



Celebrate Winter !!

The Intangible Touch, LLC
Located within Studio 890 Salon
890 Elm Grove Rd.
Elm Grove, WI 53122
#262-785-2890 or #414-915-5263

Jane Albrecht, LMT, NCTMB
Member AMTA since 1997
EMF Balancing & Healing Stone Certified
.....#262-785-2890 or #414-915-5263



WWW.INTANGIBLETOUCH.COM

**The
Intangible
Touch
Integrative
Massage**



2012

*Come & nurture yourself.
Relax & rejuvenate with a
Creative & compassionate
blend of Oriental, Western,
& energy work techniques.*

Michael, the Archangel of the North, carries the energy of Divine Wisdom & Love, as he opens the seasonal gateway to winter. As snowflakes dance downward, a peaceful calm falls upon the earth.

Our perceptions of the gifts of winter are limited only by our failure to acknowledge them. It is a time of reflection, release, restoration, & renewal. The beauty & stillness of a silvery blanket of snow glistening in the sun, the echo of nature's hush in the crisp winds... these are gifts that awaken awe & reverence. Winter stirs our inner growth.

Winter, in all her wisdom, provides us a time to nurture & replenish ourselves on all levels. It is a time to reflect on our year, our relationships, ourselves. It is a time to assess where we are at, to graciously forgive & release what no longer serves us, & nurture the dream seeds of our highest aspirations.

Acknowledge the majesty & power of Mother Earth's cycles & rhythms. Become aware of the balance, the flow, the continuity. Appreciate the beauty of both light & dark. Honor the sacredness of all life, & our interconnectedness. Marvel at nature's provision for even the tiniest of creatures. Celebrate the miracles of Life, Love, & Light all around you! Then celebrate the miracle of each of them within yourself!!!

Hot Stone Massage - \$105.00 -1 & 1/2 hrs.of Bliss !!- Melt away stress & pain !!

Forget about those blustering winds and mounds of snow!! Soothe your frozen soul with a healing hot stone massage (as taught by Carollanne Chrichton - the leading Authority & Accredited Instructor of this Science/Art). The earth/mineral & ionic elements of the hot stones enhance healing, grounding/centering, & balance. The soothing warmth, varied textures and pressures can chase away tension, aches & pains & bring you back to the present (& pleasant) moment ...decadently relaxing!!

BENEFITS OF STONE MASSAGE

MUSCULOSKELETAL SYSTEM- 1) softens adhesive tissue 2) reduces fibrosity & tonicity 3) mobilizes connective tissue 4) nourishes intervertebral ligaments 5) facilitates increased range of motion
VASCULAR SYSTEM- 1) venous dialation occurs 2) increases rate, amplitude, & excursion of blood circulation
NERVOUS SYSTEM- 1) central nervous system sedation 2) balances parasympathetic nervous system 3) nourishes nerve cells
CIRCULATORY/FLUID SYSTEM- 1) promotes lymph drainage & toxin removal 2) facilitates thermogenesis/cell hydration
VISCERAL/ORGAN SYSTEM- 1)decongests 2) relaxes 3) detoxifies

**contraindicated in illness (fever, nausea, infection), sores/rash, Lymphangitis, Cancer, acute trauma or pain. Caution & moderate temperatures advised for cardiac or blood vessel disease patients, pregnancy, young children, elderly or anyone with neurasthesia (decreased sensation) due to stroke, diabetes, medication.

Philosophy : I believe in the power of touch & intent. I sincerely desire to help you obtain the balance & well-being that you seek. On this journey of life, we are all interconnected, & are all teachers & students. I welcome the opportunity to share & to learn from you! Namaste' Jane

EMF Balancing Technique R \$60.00
(Electromagnetic Field Balancing) JANE
PHASE 1- Wisdom & Emotions - balances head & heart, releases stress, establishes a new pattern of freedom & well-being.
PHASE 2- Self Direction & Support - releases past emotional issues & energy restraints. Promotes awareness of direction & support from within the Self, & of our available energy.
PHASE 3- Radiate Core Energy - aligns energy centers, encourages increased spiritual intelligence (inner knowing), & our ability to hold our core of power.
PHASE 4- Energetic Accomplishment - balances & establishes communication with Future Potential Self through Future Potential Prism, channeling that energy into the co-creation of our present reality.

EAR CONING - The ancient art of herbal ear cleansing is a relaxing alternative to ear lavage. It clears excess wax & toxins, as well as clearing on an etheric level. Beneficial for the respiratory system, asthma, allergies, & sinus problems. 3 sessions recommended at 3 to 10 days apart. One hr. sessions \$35.00